

**Revised section**

Chapter	Page	Heading / subheading	Update information
2	13	Cholesterol tests/cholesterol and blood glucose meters	Discontinued product: Accu-Chek Instant
	16	Diabetes monitoring devices/Hemoglobin A1c monitors/At home test	Discontinued product: A1c At-Home
	19	Fertility test kits/ovulation tests/Saliva test devices	Additions: Fertility Scope, Fertility Tracker, Ovulite Microscope
	20	Fertility test kits/male fertility tests/sperm count	Discontinued product: FertilMARQ
	23	Infectious disease kits/vaginal pH tests	Discontinued product: <i>FEM-V</i>
	28	Ear examination kits/visual examination of the inner ear	Discontinued product: Dr. Dedo's Ear Examination Kit
	29	Throat examination kits	Discontinued product: Dr. Dedo's Throat Examination Kit
	29	Breast self-examination kit	Discontinued product: Sensability
3	57	Laxatives/stimulant laxatives	Discontinued product: Pedia-Lax Quick Dissolve Strips
	59	Laxatives/osmotic laxatives	New product: Dulcolax Balance

4	71	Table 4.1	Please consult physician for doses for children 2-5 for brompheniramine, chlorpheniramine and triprolidine.
	72	Allergies/antihistamines /Rx-OTC switched drugs	<p>Discontinued: Dimetapp Non-Drowsy Allergy, Tavist ND and Triaminic Allerchews</p> <p>Addition: Section: Rx-OTC switched drugs (second generation, peripherally selective or nonsedating antihistamines: fexofenadine (Allerga)).</p> <p>Drug category and indications for use: Fexofenadine is a non-sedating antihistamine used to relieve symptoms due to respiratory allergies. These symptoms include runny nose, sneezing, and itchy watery eyes.</p> <p>Mode of action: Fexofenadine binds to the receptor site for histamine in the same manner as cetirizine and loratadine.</p> <p>Warnings and precautions: Fexofenadine should not be used if the individual is allergic to fexofenadine and any ingredients in the product. It should not be used if an individual has kidney disease unless directed by a physician. Individuals over 65 should consult a physician before taking fexofenadine. Fexofenadine should not be taken with fruit juices and aluminum or magnesium antacids because the absorption from the gastrointestinal track may be impaired, resulting in lower circulating drug concentrations.</p> <p>Recommended doses: Adults and children over 12 years of age should take a single dose of 180 mg daily with water; children 6 to 12 should take 30 mg every 12 hours. There is a liquid pediatric allergy formulation for children from 2 to 12 years of age and the dose is one teaspoonful (30 mg) up to twice a day.</p> <p>Products: Allegra 24 hour, Children's Allegra Oral Suspension, Children's Allegra Tablets</p>

Table: Comparison of label information for first and second generation OTC antihistamines

	1 <sup>st</sup> generation*	2 <sup>nd</sup> generation loratadine	2 <sup>nd</sup> generation cetirizine	2 <sup>nd</sup> generation fexofenadine
Dosing frequency	4 – 6 hr	Once or twice a day	Once or twice a day	Once or twice a day
6 – 12 year formulations	Yes	Yes	Yes	Yes
> 65 year warning	No	No	Yes	Yes
Drowsiness	Yes	No	Yes	No
Don not use if you have breathing problems, BPH, glaucoma	Yes	No	No	No
Liver warning	No	Yes	Yes	No
Kidney warning	No	Yes	Yes	Yes
Drug interaction	No	No	No	Al or Mg antacids and fruit juices

\* brompheniramine, chlorpheniramine, clemastine, diphenhydramine, or triprolidine

5	103	Sedatives/OTC drugs/combination sedatives and analgesics	Additions: Acetaminophen and diphenhydramine combinations include Excedrin PM and Goody's PM
	104	OTC Drugs/dietary supplements/melatonin	Additions: MidNite, a new 1.5 mg melatonin product

			MidNite PM, a combination of melatonin plus bromelain. MidNite PM contains the following warning because of the bromelain component: Do not take with antibiotics, antidepressants or anticoagulants. Do not take if you are allergic to pineapple. (Reference is the product label.)
	104	Stimulants	Several manufacturers have marketed stimulants under the general term of bath salts that are sold in many retail outlets. They may also be sold as herbal incense or insect repellants. Retail names for some of these products are: Cloud 9, Ivory Wave, Vanilla Sky, and Blur Silk. These stimulants may cause symptoms similar to methamphetamine, cocaine, and ecstasy that include increased heart rate, hallucinations, and paranoia. The Congress of the United States is currently working on drafting legislation to ban these products. (Reference: "Bath Salts" abuse. Pharmacist's Letter/Prescriber's Letter 2011;27(3):27031.)
6	113	Urinary-tract drugs/urinary analgesics	Delete: UTI Relief
	114	Dietary supplements/cranberry	New product: Azo Cranberry
	123	Products for women/vaginal antifungal drugs	Delete: Vagistat 3
7	131	Topical ophthalmic products/Dry eye products/Artificial tear solutions	Addition: Soothe
	137	Otic products/prevention of swimmer's ear	Delete: Auto Ear Addition: Auto-Dri
8	169	Table 8.5	Salonpas Gel Patch, add 'yes' for methyl salicylate, delete 'yes' under capsaicin Addition: Tiger Balm Patch, 'yes' for camphor, menthol and capsaicin
	171	Table 8.6	Lanacane, change 'Hydrocortisone' to 'Benzocaine'