

NON-PRESCRIPTION MEDICINES 4e – UPDATES 2010

Chapter	Page	Heading/ subheading	Update info.	Date
2, Athlete's foot	12	Antifungals/products	Daktarin Aktiv spray powder discontinued	Apr 10
2, Athlete's foot	12	Antifungals/products	Canesten AF powder discontinued	Aug 10
4, Cardiovascular medicines	22	Simvastatin/product	Zocor Heart-Pro discontinued. (The only OTC simvastatin product that remains available is Lloydspharmacy Cholesterol Lowering Tablets [Dexcel Pharma].)	Sept 10
8, Constipation	48	Stimulant laxatives/Diphenylmethan derivatives	Dulcolax Perles renamed Dulcolax Pico Perles Dulcolax Liquid renamed Dulcolax Pico Liquid	Jul 10
10, Cough	60	Restriction on use of cough medicine in children	In October 2010, following a review of the safety and efficacy of OTC liquid medicines containing codeine in children, the Commission on Human Medicines (CHM) concluded that overall the risks of using these medicines outweighed the possible benefits. It therefore advised that these medicines should no longer be used in children under the age of 18 years for the treatment of dry, unproductive coughs. The CHM also advised that all these medicines should carry a breastfeeding warning which should appear in the patient information leaflet and SPC, and that pharmacists must consider the information before supplying a codeine product to a breastfeeding mother.	Oct 10
13, Dandruff and seborrhoeic dermatitis	79	Pyriithione zinc and selenium sulphide/Products	Polytar AF shampoo discontinued	Nov 10
20, Haemorrhoids	127	Table 20.1 Haemorrhoidal products and constituents	Anacal suppositories discontinued	Oct 10
23, Indigestion	156 158	Aluminium-magnesium complexes Additional ingredients – alginates/Products	Bisodol Extra tablets discontinued	Oct 10
23, Indigestion	165	Treatment – omeprazole	Additional non-prescription proton pump inhibitor marketed: pantoprazole 20mg gastro-resistant tablets. Licensed as a P medicine for short-term treatment of reflux symptoms in adults. Dosage: 20 mg pantoprazole (one tablet) per day, for up to 2-3 consecutive days if necessary to achieve improvement of symptoms. Once complete relief of symptoms has occurred, treatment should be discontinued. Cautions are similar to those for omeprazole. Although, like omeprazole, pantoprazole is metabolised in the liver via the cytochrome P450 enzyme system, it can be given with most drugs as no clinically significant interactions have been observed in specific tests with a wide range of drugs metabolised via this system. However, like omeprazole, pantoprazole may reduce the absorption of	Mar 10

			active substances whose bioavailability is dependent on gastric pH, e.g. ketoconazole, atazanavir. And like omeprazole, it may possibly enhance the anticoagulant effect of coumarins, so monitoring of prothrombin time/INR is recommended if co-administered. Product: Pantoloc Control (Novartis Consumer Health).	
25, Irritable bowel syndrome	176	Hyoscine butylbromide/product	New product: Buscopan Cramps tablets (hyoscine butylbromide 10mg). Licensed as a P medicine for relief of spasm of the gastro-intestinal tract stomach and for the symptomatic relief of IBS. May also be supplied, following recommendation by a doctor, for urinary tract spasm. Dosage as for Buscopan IBS Relief tablets.	Mar 10
29, Mouth ulcers	200	Treatment/Hydrocortisone sodium succinate	Corlan pellets renamed Hydrocortisone 2.5mg Muco-Adhesive Buccal Tablets. (MA holder now Auden McKenzie.)	Sept 10
33, Pain	219	Aspirin and ibuprofen/product examples	Librofem tablets discontinued	Mar 10
33, Pain	225	Caffeine as additional ingredient	Propain Plus caplets discontinued	Aug 10
33, Pain	228	Topical NSAIDs/product examples	Oruvail gel discontinued	Apr 10
33, Pain	228	Topical NSAIDs/product examples	Ibuleve spray discontinued	Jun 10
34, Pattern baldness	236	Products	Regaine for Men 2% solution and gel discontinued	Oct 10